



Sunbeam

A news letter of Sunbeam Women's College Varuna

Communique

Awards & Accolades



Our Director Mrs. Bharati Madhok has been honoured with the Inspiring Women in Education Award 2024 by Education Today for her invaluable contribution to the upliftment of women in the society and for her philanthropic ventures, Sunbeam Gramin school being one of them.



Sunbeam Group of Educational Institutions has been recognised as BEST IMPLEMENTATION OF SOCIAL EMOTIONAL AND CULTURAL LEARNING by Great Indian Learning Awards 2023.

STUDENT ACHIEVEMENTS

First Position in Poster Making Competition

Ms. Parthavi Sharma of B.Sc-V sem. secured First Position in Save Ganga Poster Making Competition & cash prize under Blended capacity Building Programme for Stakeholder of River Ganga organised by Indian Institute of Administration in collaboration with NAMAMI GANGE.



Second Position in Poetry Writing Competition

Ms. Surbhi Upadhyay of BA-VSem. won Second Position & Cash prize in Poetry Writing Competition in KASHIYATRA '24 organised by IIT BHU held on 19th & 21st January '24.

All India University Basketball Team



We are happy to share that our three students (Ms. Astha, Ms. Aditi & Ms. Raksha) played with MGKVP University Basketball Team. The team is selected in the All India University Basketball Team. They have qualified for the Championship round which will be held at (PANIPAT) Haryana.

Fifth Rank at Global Level

Ms. Smriti Pandey (MA Psychology) secured **5th Rank in Essay writing Competition** at Global Level organised by Heartfulness Education Trust & Sri Ram Chandra Mission.



Quiz Competition @ Bank of Baroda



Bank of Baroda in collaboration with Sunbeam Women's College Varuna conducted a Quiz Competition at the Bank of Baroda Branch. The quiz was based on Digital Banking topics. Students enthusiastically participated in the quiz. Winners were of the Quiz. Ms. Komal Kumari, B.Com. I -Sem, Shivangi Gupta, B.Sc-I Sem., Ms. Drishti Rai, BBA-ISem.

BRAINIACS - Inter-Collegiate Meet



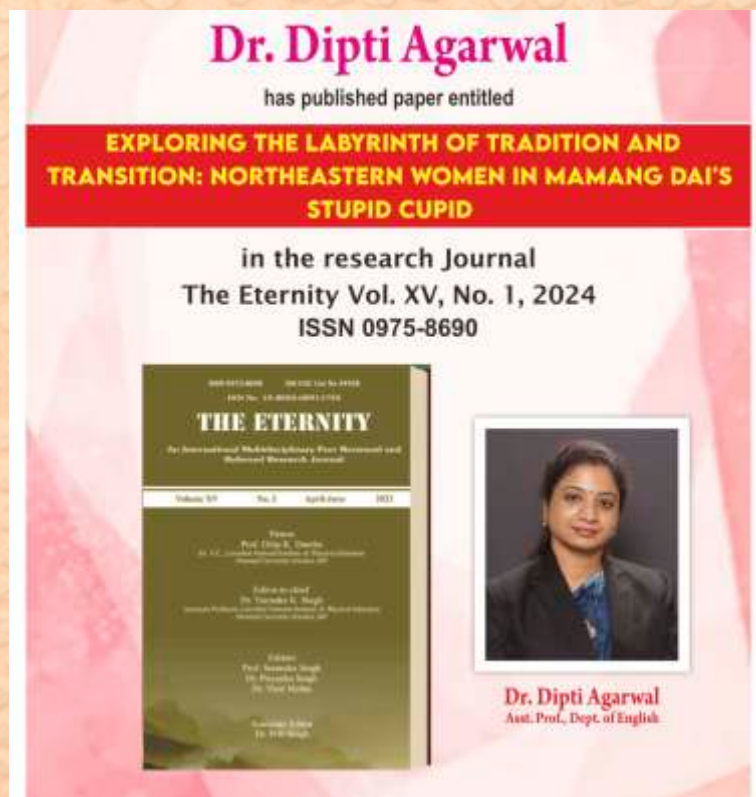
Innovation and Incubation Center (IIC) at Sunbeam Women's College Varuna, in collaboration with the Department of Science, organized an engaging and intellectually stimulating event named "BRAINIACS" to commemorate National

Science Day. The event aimed to celebrate scientific achievements and foster a spirit of curiosity and innovation among students. The event comprised three competitive segments: MS PowerPoint Presentation Competition, Painting Competition, and Quiz. The judges of events were Prof. Tumul Singh, Mr. Aakash Verma & Ms. Gulafsha Siddiqui.

FACULTY ACHIEVEMENTS



Dr. Soumik Goswami (Asst. Prof Dept. Of Zoology) article has been published in Science Reporter (CSIR Magazine) titled **Love: Unraveling the Biochemistry Behind It**.



Dr. Dipti Agarwal (Asst. Prof. Dept.of English) paper has been published paper entitled "Exploring the Labyrinth of Tradition and Transition: Northeastern Women in Mamang Dai's Stupid Cupid" in the research Journal THE ETERNITY Vol.XV, ISSN 0975-8690



Dr . Ravi Shekhar Singh (Asst Prof. Dept. of History) was invited as a resource person in the International Seminar on the topic "Re-Imagining Development in the Context of Varanasi: Glorious Heritage, organized by Varanasi Institute of History & Department of History, BHU.

SESSIONS & WORKSHOPS

Session on Holistic Development by Dr. Swaroop Rawal



The Career & Placement Committee organized an interactive session on "Holistic Development," moderated by Dr. Swaroop Rawal (actress, author, and life skill educator). The event, aimed at fostering a holistic approach to personal and professional growth among students, took place at the college campus and drew participants from various disciplines. Campus head Dr. Anupama Mishra, alongside College Administrator Dr. Shalini Singh, extended a warm welcome to Dr. Rawal. Dr. Swaroop Rawal, taking center stage, delved into the multifaceted aspects of holistic development, emphasizing the significance of nurturing intelligence, emotional well-being, aesthetic sensibility, physical health, and social skills.

Expert Talk on Start – Up

College in collaboration with IIC-SWCV (Institution's Innovation Council Sunbeam Women's College Varuna) organized an Expert Talk Session on 'Start – Up Culture among Students', on the occasion of National Startup Day. The lecture was delivered by Dr. Karunendra Pratap

Singh (Assistant Professor, Department of Management) Dr. Soumik Goswami, (President IIC-SWCV). Further as the session progressed, the speaker well acknowledged the participants with his astounding experiences and shared some staggering insights about his in depth knowledge and experience about startups.

Voters' awareness and community cleanliness

Sunbeam Women's College Varuna's NSS Unit orchestrated a significant event on 26th February 2024, fostering voters' awareness and community cleanliness. In collaboration with the Department of Political Science, a session on the importance of voting, led by Dr. Mamta Tiwari, enlightened students about the electoral process and the dignity of free, fair, and peaceful elections. The initiative extended beyond awareness, as participants, guided by NSS program officer Dr. Ritu Singh, embarked on a streetside cleanliness drive, showcasing the college's commitment to impactful societal contributions.



Voting Awareness Rally



On the occasion of National Voters' Day, the NSS Volunteers conducted a rally and raised slogans like "Leave all your work, let's vote first" and listen to the call of democracy, don't lose your right to vote & more. The rally was conducted under the guidance of Dr. Ritu Singh (NSS Program Officer).

Voting Awareness Session

The Electoral Literacy Cell in collaboration with Department of Political Science and NSS conducted an informative session for the students and support staff on Voting Awareness moderated by Ms. Surabhi (President) & Ms. Apoorva (Vice President). They briefed the students and the staff regarding the right use of their vote so that they can elect the dedicated and loyal candidates to serve the nation.



Regional Meet of Institution Innovation Council



The Institution's Innovation Council, of the College under the aegis of Ministry of Education participated in the Regional Meet organized on 7th February, 2024 at Swatantra ,BHU. The team consisted of Dr. Soumik Goswami (President, IIC-SWCV) accompanied by Ms. Saumya Chandra, (Asst. Prof., Psychology) and Ms. Vani Jaiswal , Ms. Riti Khanna of BBA Sem I. In the regional meet the inaugural session was graced by Dr. A. Raghuvanshi, as Chief Guest and Mr. Dipan Sahu, Assistant Director of Innovation, MoE, Gol. The students were thrilled to be a part of this event as they saw and understood various small innovative designs that can further escalate into entrepreneurship ideas. The overall day of brain storming events was beneficial for the students as a means of experiential learning.

YOGA WORKSHOP



Yoga workshop was organised at Sunbeam Women's College Varana for Students & Professors .The workshop was moderated by certified fitness &Yoga Instructor, Ms. Nidhi Singh (Founder of Yoga Kiran Institute). College Administrator, Dr. Shalini Singh motivated the students and conveyed the importance of making yoga an integral part of their daily life by extending the practice of yoga beyond the mat. The session was concluded with an interactive session between the instructor and the students. Doordarshan team was also present to capture the insights of Yoga Workshop.



Digital Literacy Workshop

Bank of Baroda conducted a digital literacy program at Sunbeam Women's College Varuna, with the goal of empowering young students with important digital skills. The moderators were Mr. Gaurav Chaturvedi, Chief Operating

Officer (COO), and Mr. Sanjeev Bhaskar, Regional Business Development Manager (RBDM). The workshop featured a mix of presentations and hands-on experiences, led by expert speakers from the banking sector and cybersecurity professionals. The Bank of Baroda's Digital Literacy Workshop was a great step in improving students' digital literacy.

One-day Workshop on Practical Applicability of Accounting and Taxation Knowledge in Entrepreneurship



Department of Commerce, in collaboration with the Research Committee, successfully hosted a One-day Workshop on Practical Applicability of Accounting and Taxation Knowledge in Entrepreneurship moderated by CA Nikhil Sarraf & CA Rahul Saria. The workshop aimed at bridging the gap between academic knowledge and its real-world application in the realms of accounting and taxation, particularly within the entrepreneurial sector. The workshop was meticulously planned to cater to the burgeoning needs of aspiring entrepreneurs and commerce students, keen on grasping the contemporary practices and challenges in financial markets.



Divya Kala Samagam, BHU

State Level Disabled Products Exhibition, Fair and Workshop. The chief guest for the closing ceremony was Daya Shankar Mishra, Minister of State for Ayush of Uttar Pradesh. Psychology students of BA participated as volunteers and were very proactive in their duties. They

greeted the Chief Guest as he entered, assisted the specially abled delegates, and interacted with specially abled kids from various organizations. Their excellent work was appreciated by all. Volunteers received certificates of appreciation from the organizers.

Bhumi Foundation in action

Climate Action



BHUMI Club and Apeiron (Eco-Science Club), Sunbeam Women's College Varuna conducted an activity on 20th February, 2024 which focussed on the establishment, maintenance and cleaning of Botanical Garden of the college. The members planted some saplings, cleaned the premises and watered the plants. The whole activity was planned targeting SDG13 which encompasses Climate Action for which plantation and green initiatives play a pivotal role.



Outdoor Classroom

BHUMI Club Sunbeam Women's College Varuna, Varanasi conducted Outdoor Classroom as a part of activities scheduled for February 2024. The students were briefed about basics of Developmental Biology by Dr. Soumik Goswami. Keeping the concept of experiential learning in mind, Ms. Divya Jaiswal of B. Sc. 3rd Sem also shared her basic knowledge about the subject. The entire activity was new for the students and they enjoyed the spring sunshine along with the education imparted.



Smartphone Distribution

Sunbeam Women's College Varuna witnessed the Visionary move of Uttar Pradesh Government to empower the youth under Digi Shakti scheme with a free smartphone distribution program. The occasion was graced by Smt.Poonam Maurya Chairperson of District Panchayat of Varanasi. She motivated students to be self reliant and be independent. Principal Sir & Administrator ma'am also wished the students All the best for their future endeavours.

Extension Activities

Visit To Book Fair

Students of Sunbeam Women's College Varuna embarked on an enriching excursion to the Library Fair, organized at Varuna School with the aim of promoting a culture of reading and learning, the fair showcased a diverse array of books, educational resources, and literary activities. The fair featured numerous stalls representing various publishers, bookstores, and educational institutions. Exhibitors showcased a wide range of books, from academic texts to literature, catering to diverse interests and age groups. Students had the chance to explore freshly released titles and engage with authors during book signing sessions.



Cleanliness Drive



NSS unit of Sunbeam Women's College Varuna organised Swacchata Abhiyaan on 19/01/24. The cleanliness drive took place as a part of Pran Pratishtha of Ram Mandir, Ayodhya on 22nd Jan, 2024. NSS volunteers actively participated in the cleanliness drive within the college premise. The event was well managed by the program officer Dr. Ritu Singh.

Startup - India Day Unlocking Infinite Potential



The Startup & Career Guidance Club in collaboration with the Department of Management organised a students outreach program on Startup - India, to celebrate Startup - India day. Students went to Nav Vani, Harhua (school for disabled children) and interacted with children with the help of trained teachers. The college students explained the children about the meaning of startups and importance of idea generation and the process of getting government funds for any startup.

MEGACYCLETHON - Celebration of 75 years of NCC India

14 NCC Girls Cadet led by Col. Anjan Sengupta & Lt. Rahul Mishra (alumnus Sunbeam Varuna) covering a distance of 2107 km reached Varanasi .The Cycle Marathon is to celebrate 75 years of NCC India. NCC cadets honour the symphonic idea of Nari Shakti by participating in Megacyclethon. Cycle Marathon started from Guwahati to Delhi. The college band presented a melodious song performance. Brigadier Kulbir Singh appreciated the Cadets efforts. Our Honorary Director Sir welcomed the team. Cadets also cut the cake which added sweetness to the celebration. The marathon will end on 26th January in Delhi.



Internship @ Lakshmishree

Our students Ms. Aditi, Ms. Kavita & Ms. Anushka successfully completed Two Months of Internship at Laskhmishree as Equity Research Officer under the guidance of Salil Kumar Shah(Director)& Mr. Shivendra Singh (Vice President Sales & Marketing). Students had a deep understanding of the real financial world. Students received Letter of Recommendation.



Internship @ Jalan's

Ms.Janhavi, Ms. Anusha, Ms. Riya & Ms. Shikha of BBA-III Sem successfully completed One Month Paid Internship at Jalan's as Marketing & HR Executive. The Manager appreciated the College efforts in making students future ready. Students received Letter of Recommendation.



Lohri Celebration



Lohri was celebrated with a lot of exuberance & fanfare. The mood on the campus was upbeat and the students were totally absorbed in the festive spirit of Lohri. The celebration highlighted the importance of the festival of Lohri, which ushers in the cheerful spring season bidding adieu to the dull winter. The programme kicked off with Lohri Poojan. Students & Professors had a gala time as they danced around the holy bonfire and offered their prayers. At last kite flying competition between students & Professors completed the celebration.

Farewell Picnic



The final year students had lots of fun and great time at Suncity. They also visited *Gramin School , Galaxia ,Dairy Farm & Splash (swimming pool). The students were extremely excited & kept singing songs in the bus till they reached the venue. All the students expressed a desire to revisit the place again. Indeed it was a great day for all the students and memories cherishable for life.