



Sunbeam Women's College Varuna

(Affiliated to M.G. Kashi Vidyapith, Varanasi)
904/1, Central Jail Road, Sikraul, Varanasi-221002
www.sunbeamwcv.com email : info@sunbeamwcv.com

BEST PRACTICE-I

**ABHYUDAYA: A Skill Based Basic
Enrichment Programme
Session 2022-2023**





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Best Practice-1

Event: ABHYUDAYA: A Skill-Based Basic Enrichment Programme

The Context:

The youths of today are under tremendous pressure to carve out a niche for survival in life. Besides their academic syllabus, the students must be given additional training in life skills. Hence, a weeklong ABHYUDAYA: A Skill-Based Basic Enrichment workshop is designed to promote creativity and strengthen relationships both at home and within our college community to focus on the enrichment of students' vocational and professional skills.

Objectives of the Practice:

1. To develop self-capabilities in students to meet their daily encounters.
2. To enhance interpersonal and communication skills for personal and professional success.
3. To help the students identify their interest areas for vocational development.
4. To foster better connections and teamwork among students.

The Practice:

The practice focuses on building area competence through a combination of life skills and employability skills through **10 workshops**. A total of **166 students** from all streams participated in the 2022-23 session. Every activity is planned for 3 hours a day, and eminent personalities from the relay of fields involved were invited to teach the students. They were divided into "Group A" and "Group B" for the smooth conduction of the program. Sessions include live demonstrations as well as participation of the students.

1. Job Skill Training (Resume Writing and Communication Skills):

- Hands-on sessions to create effective resumes.
- Communication workshops to enhance verbal and written communication skills.

2. Food Preservation:

- A fun and interactive session on the art of pickle and murabba making which encouraged creativity in the kitchen and appreciation for traditional culinary practices.

3. Professional Makeup, Nail Art and Hairdo:

- Practical sessions on professional makeup, Nail art, and hairdo to Boost self-confidence for professional and social events.

4. T-Shirt Painting

- Fosters creativity, imagination, and a sense of accomplishment.

5. Basic Cooking:

- Participants learned fundamental cooking techniques, meal planning, and nutritional basics.

6. Mocktail and Cake Bakery

- Mocktail preparation and cake baking enhanced their culinary skills fostering creativity and perfecting presentation techniques.





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7. Basic Stitching:

- Empower students to handle basic clothing alterations and repairs.

8. I Create: Start Up Mela

- In the Start-Up Mela, students presented their stalls in the Multipurpose Hall, showcasing innovative products or services.

Evidence of Success:

The evidence underscores the strengthening of the student's sense of community within college and at home. Students have built confidence and honed survival skills. Few students have started their startups or expanded family businesses and are constantly seeking internship and placement opportunities in different sectors. The program is highly received, according to participant feedback and evaluation mechanisms.

<https://youtu.be/MBf5usIGGHM>

<https://www.instagram.com/reel/C2UdOoux8su/?igsh=MTJvemVyY3FiOHpoaA==>

Problems Encountered

During Abhyudaya, common challenges include self-determination and initiative on the part of students, as few students who are acquainted with the activities in the sessions abstain from participation. Some students cannot imbibe the learning process, as they either compare or search for traditional learning methodologies of learning.

Resources Required:

Key resources needed include experienced facilitators, a comprehensive curriculum covering various skills, access to technology, and sufficient budget allocation for resource availability.





Estd. 1972

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Notice

Date: 01.05.2023

Dear students,

Sunbeam Women's College Varuna is organizing "Abhyudaya 23" – a skill-based basic enrichment programme. The module of the workshop is designed to provide basic required skills for the overall development of college students. The workshop will start from 8th May 2023. Timing will be from 12:00 noon to 3:00 pm. The students will receive the certificates of participation.

The workshop is comprised of:

1. Basis cooking
2. Resume writing and communication skills (Job skill training)
3. Food preservation
4. Mocktails and salad dressing
5. Cake baking
6. Professional make up
7. Nail art and hairdo
8. T- shirt painting
9. Basic Stitching
10. I create: Start up Mela

Dr. Rajeev Singh
(Principal)





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Sunbeam Women's College Varuna

(Affiliated to Mahatma Gandhi Kashi Vidyapith, Varanasi)



Presents



JOB SKILL
TRAINING



BEAUTY
PERSONIFIED



Abhyudaya 2023

enriching capabilities...



FOOD
HACKATHON



MOCKTAIL &
CAKE
BAKING



ICREATE

SKILL DEVELOPMENT
WORKSHOP

8th to 13th May 2023



Creativity



Sunbeamwcv Varanasi

sunbeamwcv_varanasi

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Varanasi

Varanasi



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DAY 1 : Job Skill Training by Mr. Sanket Bangla & Hands on Training on Preparation of Seasonal Achar and Murabba

ABHYUDAY'2023
Life Skills Workshop
Date: 08th to 13th May 23

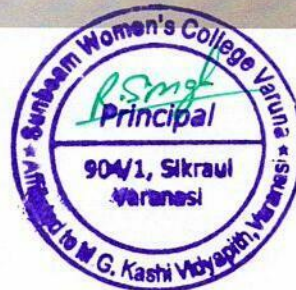
DAY 1 # 08th May/23

Group	Workshop	No. of students	Time	Teacher Incharge	Venue	Maid on Duty
A+B	Session on Job Skills Training by Mr. Sanket Bangla	166	10 am to 11 am	✓ Shubhkamna	melody	Sushma & TazbunNisha
A	Hands on training on preparation of seasonal Achar & Muraba making	83	12 noon to 1:30 pm	✓ Dr. Reena ✓ Dr. Anupama	Multimedia	21
B		83	1:30 pm to 3 pm			

Group	Head
Group A B.COM & B.Sc	✓ Mr. Mazid ✓ Dr. Ashish Dr. Soumik
Group B BBA & BA	✓ Dr. Rajiv Dr. Ravi Dr. Jitendra ✓ Dr. Karunendra P. Singh

NOTE:

- Both the groups heads are responsible for the attendance of students and availability of students on the venue on time.
- Heads will be responsible if students are not on venue on time.



Skill 1 (Day 1)

On the first day of Abhyudaya a session on "JOB SKILLS TRAINING" was organised. The session was moderated by **Mr. Sanket Bangla, (Director , Career Launcher)** .He talked about resume building , communication skills and professional manners. Students learnt how they can enhance their professional skills. The session was power packed with lots of learning.



SUNBEAM WOMEN'S COLLEGE VARUNA





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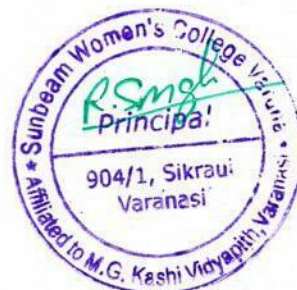
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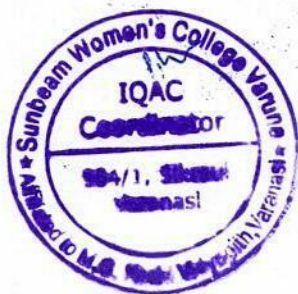


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SKILL 02 (DAY 1)

In the second half a workshop on Seasonal pickle making and preservation was organised. The workshop was conducted by the team of the Cottage Industry named Sweta Achar & Murabba situated at Chiraigaun. The team demonstrated from the basics of cutting raw mango to the final procedure of raw mango pickle preservation. Students enjoyed the learning and notes each step of the procedures. At last students had healthy handmade Amla Burfi gifted by the company





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DAY 02: Hands on Professional Makeup, Hairdo and Nails Art

DAY 2 # 9th/May/2023
Hands on Professional Makeup, Hairdo & Nail arts

Group & Incharges	Workshop	No. of students	Time	Teacher Incharge	Venue	Maid/Peon on Duty
A Swati Ritu Aimant Vishakha Joy Pooja Pandey	Hands on training on Professional Makeup & hair do	83	10am to 12 Noon	Dr. Ashish Dr. Reena Ms. P. P. Harshita Mr. Pranay	Lakme Academy Sagra	Sushma Sushma
B Dr. Pooja Dr. Gyatri Rakhi Dr. Neha Chaurasiya Anupama	Nail Arts by Cutiepie Nails Studio Academy	83		Dr. Mandakini & Ms. Anupama	Multimedia	राजकुमार निशी Nisha and Dharmendra Dharmendra
A Swati Ritu Aiman Vishakha Joy Pooja Pandey	Nail Arts by Cutiepie Nails Studio Academy	83	12 noon To 3 pm	Ms. Anupama & Dr. Joy	Multimedia	राजकुमार निशी Nisha And Rahul Rahul Dev
B Dr. Pooja Gyatri Rakhi Neha Chaurasiya Anupama	Hands on training on Professional Makeup & hair do	83		Dr. Rajiv Dr. Gayatri Dr. Neha	Lakme Academy	Sushma Sushma

Peripheral Work

Group	Head
Group A B.COM & B.Sc	Dr. Ashish Dr. Soumik Mr. Mazid
Group B BBA & BA	Dr. Rajiv Dr. Ravi Dr. Karunendra Dr. Jitendra

NOTE:

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SKILL 01 (Day 2)

On the second day of Abhyudaya, students went to Lakme Academy, Sigra for a workshop on Hands - On Professional Makeup & Hairdo. Students learned skin care and hair care. Later they learned makeup application from basics to ends. The session was power packed with lots of learning.





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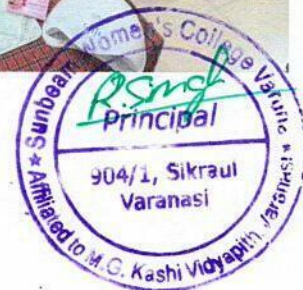
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SKILL 02 (Day 2)

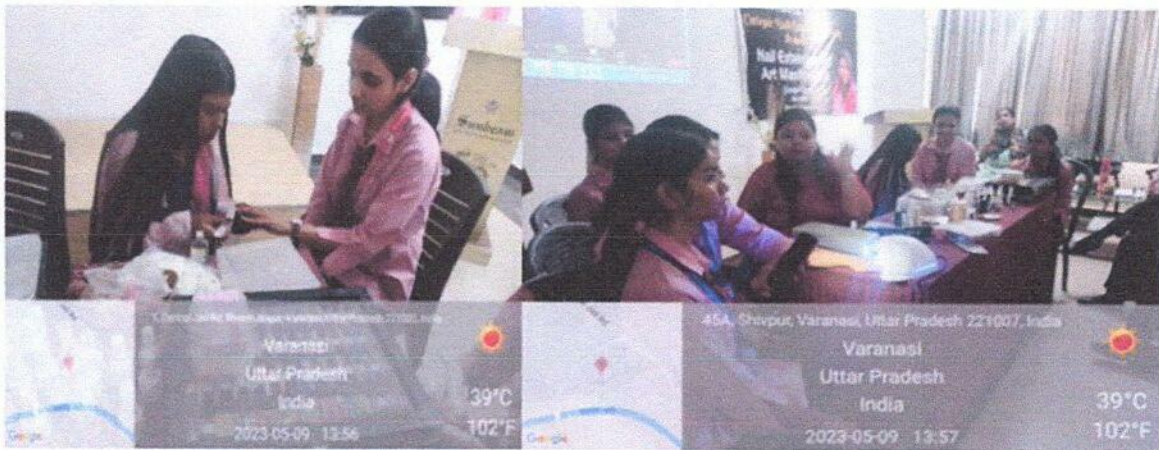
In the second half a workshop on *Professional Nail Art* was organized. The workshop was conducted by the renowned team of *Cutiepie Nail Art Saloon* .The team demonstrated from the basics of *nail refilling to the final procedure of nail extensions and paint application.* Students enjoyed the learning and also got the chance to practice the art on their nails.





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Day 03: Live Demonstration of Cake Baking & Dressing by CAKE 365 & T-Shirt Painting

DAY 3rd 10th /May/2023

Live Demonstration of Cake Baking & Dressing by CAKE 365 & T- Shirt Painting

Group charges	Workshop	No. of students	Time	Teacher Incharge	Venue	Maid on Duty
A Swati Ritu Aimani Vishakha Joy Pooja Pandey	Cake Baking & Dressing (Venue Incharge - Ms. Vishakha, Dr. Pooja)	83	12 noon to 1:30 pm	Mr. Ghanshyam Ms. Vishakha Dr. Pooja Ms. Nahid Mr. Pranay	Mess	Sushma Nishita Dharmendra
B Pooja Gyatri Rakhi Chaurasiya Anupama	T- Shirt Painting (Venue Incharge - Mr. Anand)	83		Mr. Lalit Mr Pranay Dr.. Dipti Dr. Ragini Ms. Anupama	Melody	Asma & Champa
B Pooja Gyatri Rakhi Chaurasiya Anupama	Cake Baking & Dressing (Venue Incharge - Ms. Pooja Dr. Reena Dr. Neha)	83	1:30 to 3 Pm	Mr. Ghanshyam, Ms. Pooja Dr. Reena Dr. Neha Mr. Pranay	Mess	Sushma Nishita Dharmendra
A Swati Ritu Aimani Vishakha Joy Pooja Pandey	T- Shirt Painting (Venue Incharge - Mr. Anand)	83		Mr. Lalit Mr Pranay Dr. Ashish Ms. Anupama	Melody	Asma & Champa

- TASK for Cake Baking : need Plastic cups /Spoon for 170 students
- TASK for T-SHIRT Painting : Arrangement for Colours, T-shirt, Brushes for 10 groups of 7 student each
- Infrastructure requirements in Mess : 01 long table, 02 small table, 80chairs & dustbin

For all Peripheral Work of abhyudaya

Group	Head
Group A B.COM & B.Sc	Mr. Mazid Dr. Ashish Dr. Soumik
Group B BBA & BA	Dr. Rajiv Dr. Ravi Dr. Karunendra Dr. Jitendra

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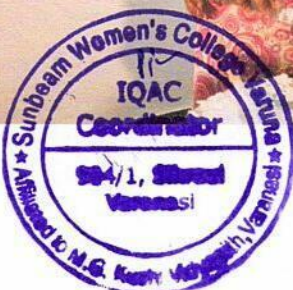
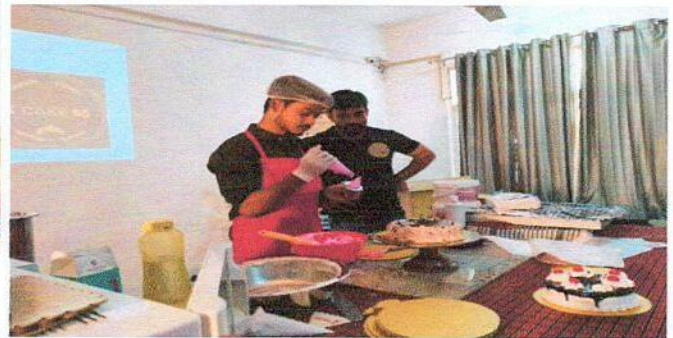
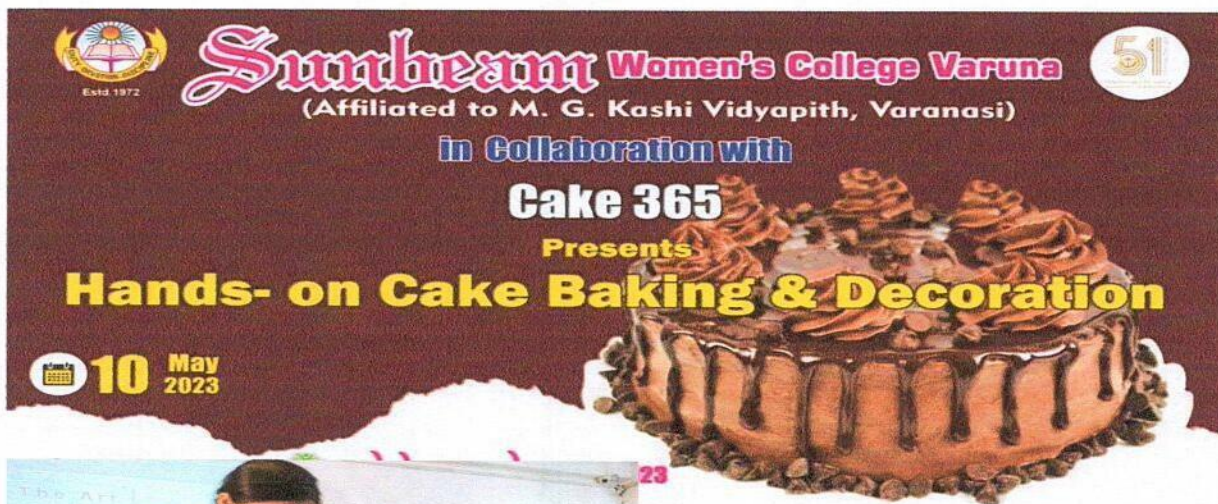
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SKILL 01

(Day 3)

Because every cake has a story to tell

On the third day of Abhyudaya exciting Hands -On Cake Baking & decoration in collaboration with CAKE365 was organised for the students. Students learned from the basics to the final presentation of Cake. At last they enjoyed eating their own handmade cake.





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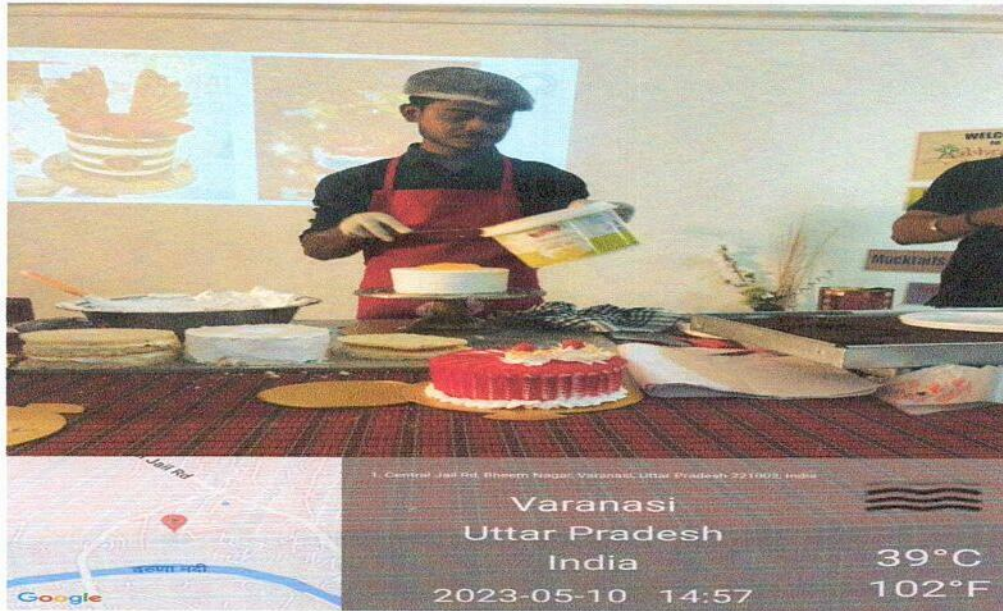
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In the second half a workshop, *Hands -On T-shirt painting* was organised. Students enjoyed the painting in team.





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Skill 2 (Day 3)

abhyudaya 2023
Presenting
Hands-on T-Shirt Painting
10 May 2023 12:00 Noon Onwards
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Varanasi
Uttar Pradesh
India

2023-05-10 15:02

39°C
102°F





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Day 4: Hands-on Indian Cooking Skills

DAY 4 #11/May/2023
Hands - on Indian Cooking Skills

Group Incharges	Workshop	No. of students	Time	Teacher Incharge	Venue	Maid on Duty
A Swati Ritu Aiman Vishakha Joy Pooja Pandey	Aahar Daal, Sabji , Roti, Salad, Rice, Sweet dessert	83	12 Noon to 3 pm	Dr. Ritu, Dr. Ragini, Dr. Rinki Dr. Ravi, Dr. Joy, Dr. Sonam, Ms. Rakhi , Ms. Anupama	Room No. 04	Nisha Asma dharma Dharm
B Dr. Pooja Gayatri Rakhi cha Chaurasiya Anupama		83		Dr. Pooja Dr. Rishi. Dr. Aiman, Ms. Pooja, Ms. Nahid, Dr. Neha, Dr. Gayatri Dr. Dipti Dr. Reena	Room No. 05	Susma Champ Rahul Per

Peripheral Work

Group	Head
Group A B.COM & B.Sc	Mr. Mazid Dr. Ashish Dr. Soumik
Group B BBA & BA	Dr. Rajiv Dr. Ravi Dr. Karunendra Dr. Jitendra

NOTE:

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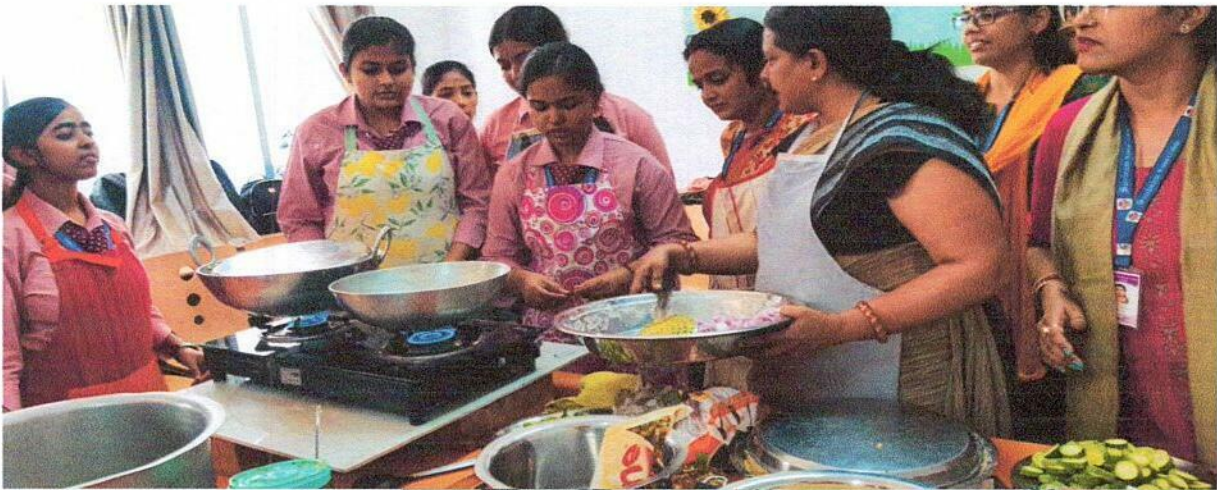


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***A recipe has no soul. You as the cook must bring soul to the recipe.**
– Thomas Keller**

On the fifth day of Abhyudaya , *Hands -On Indian Cooking* was organised. Students *learned different cooking styles of daal, rice, roti and two different seasonal sabji. Students enjoyed cooking with their Professors as they learned the importance of teamwork & leadership. At last a *delicious Kheer was also made by students.*





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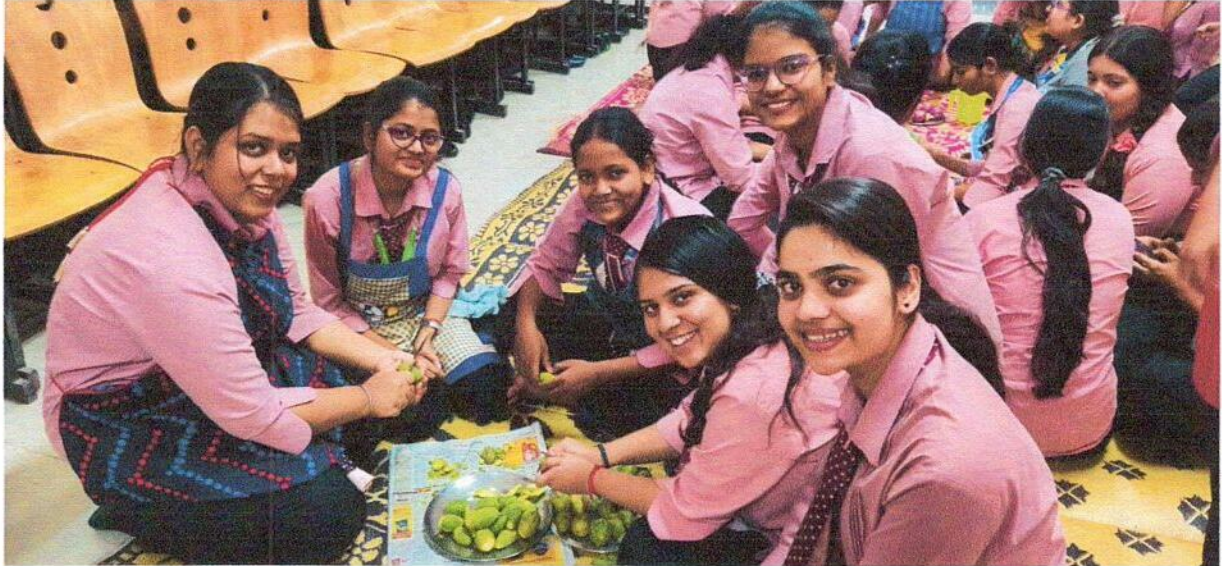
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Varanasi
Uttar Pradesh
India

2023-05-11 12:38

38°C
100°F





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Day 5: Hands-on Mocktail & Salad Dressing by Hotel Surya and Basic Stitching

DAY 5 #/ 12May/2023

Hands - On Mocktail & Salad Dressing By Hotel Surya, Basic Stitching

Maid on Duty	Group & Incharges	Workshop	No. of students	Time	Teacher Incharge	Venue	Maid on Duty
sha. Bina ama armende vonnend	A Swati Ritu Aimam Vishakha Joy Pooja Pandey	Mocktail & Salad Dressing (Venue Incharge Mr. Anand .Dr. Ashish)	83	12 noon to 1 :30 Pm	Mr. Ghanshyam Ms. Vishakha Ms. Swati Ms. Nahid Dr. Sonam	Mess	Sushma Sushma & Nisha A J T
Sushma Sushma hampa Rahul	B Dr.Pooja Gyatri Rakhi Neha Chaurasiya Anupama	Hands on Basic Stitching	83		Dr. Dipti Dr. Pooja Ms. Rakhi Dr. Mandakini		Champa Dharmenda and Nisha
	A Swati Ritu Aimam Vishakha Joy Pooja Pandey	Hands on Basic Stitching	83	1: 30 PM TO 3 PM	Dr. Dipti Dr. Pooja Ms. Rakhi Dr. Mandakini	Library	Dharmend or
	B Dr.Pooja Gyatri Rakhi Neha Chaurasiya Anupama	Mocktail & Salad Dressing Venue Incharge Mr. Anand .Dr. Ashish)	83		Mr. Ghanshyam Ms. Nahid Ms. Anupama Dr. Joy Dr. Reena	Mess	Sushma Sushma & Nisha

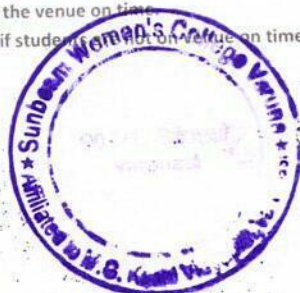
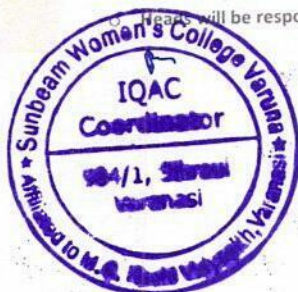
- TASK for Sticing: Button, Hook, Running & Hemming
- Infrastructure requirements: 3 Long Tables, 70 Chairs in each venue

Peripheral Work

Group	Head
Group A B.COM & B.Sc	Mr. Mazid Dr. Ashish Dr. Soumik
Group B BBA & BA	Dr. Rajiv Dr. Ravi Dr. Karunendra Dr. Jitendra

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DAY 5 (Skill 1)

Abhyudaya 2023
enriching capabilities...

The Skill Development Workshop

In collaboration with
HOTEL SURYA
Workshop on

HANDS-ON MOCKTAIL & DESSERT MAKING

Sunbeam Women's College Varuna
Affiliated to Mahatma Gandhi Kashi Vidyapith, Varanasi

12 MAY 2023 **12:00 Noon Onwards**





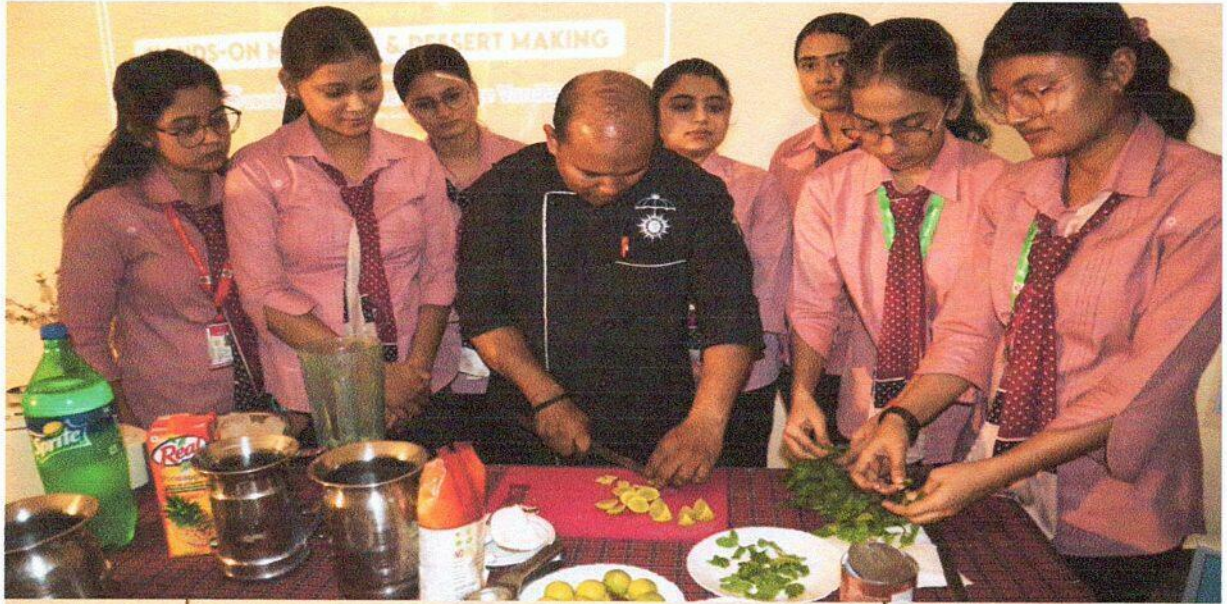
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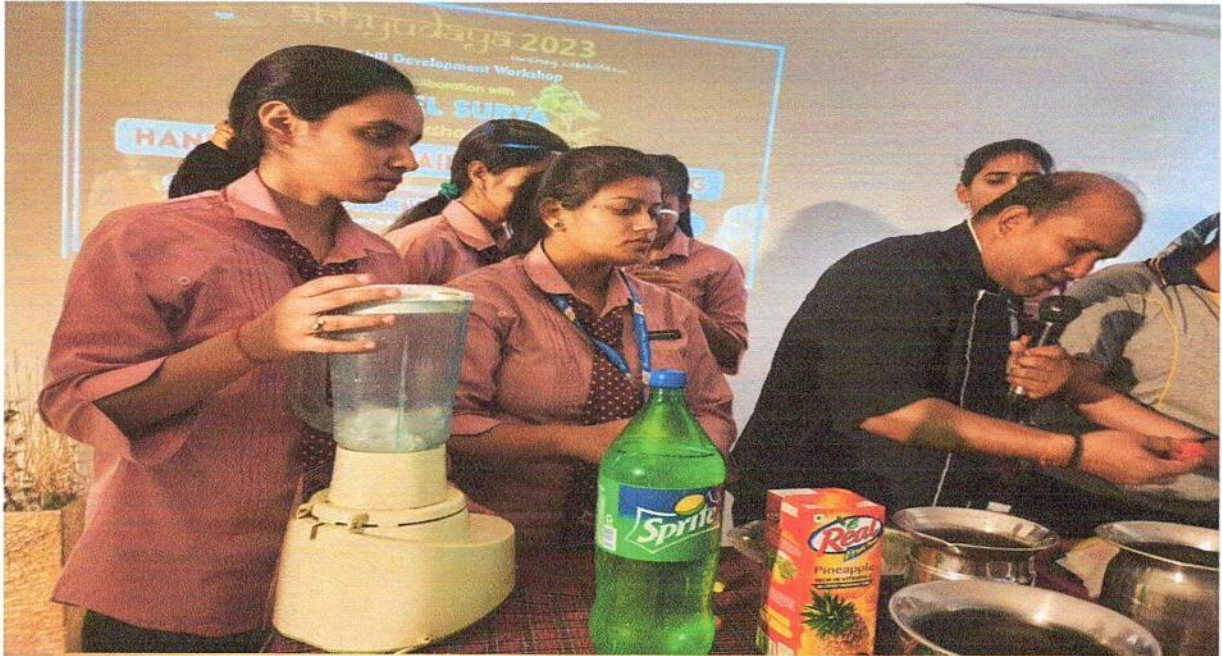
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Varanasi
Uttar Pradesh
India

2023-05-12 11:31

37°C
99°F

Chilli Paste
Chutney
Pickles
Samosa
Dumplings
Bread





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Skills 02

(Day 5)

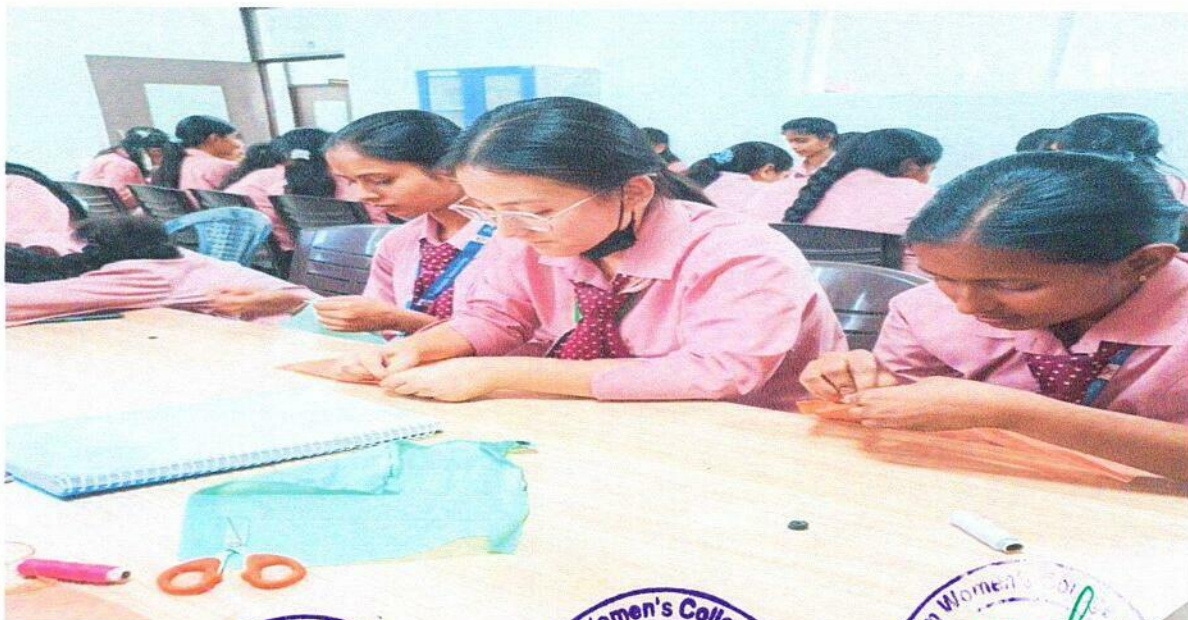
In the second half a workshop on *Hands -On Basic Stitching* was organised. Students learned button Stitching.

Abhyudaya 2023
enriching capabilities...
The Skill Development Workshop

Workshop on
HANDS-ON BASIC STITCHING

 **Sunbeam** 
Women's College Varuna
Affiliated to Mahatma Gandhi Kashi Vidyapith, Varanasi

 **12 MAY 2023**  **12:00 Noon Onwards**





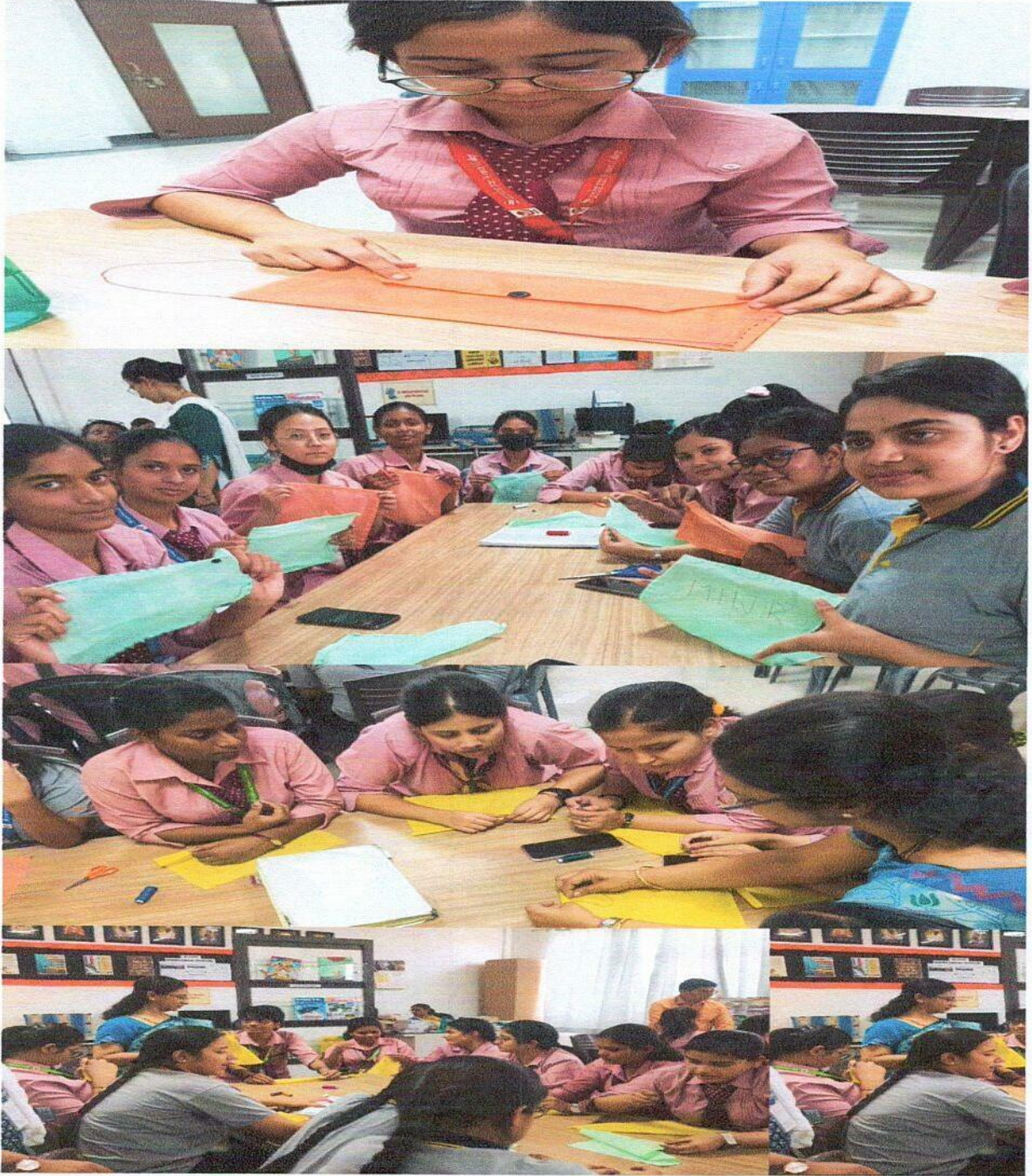
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At last Students organised *Start-up Mela* where they set up various stalls to showcase their entrepreneurship skills. *Ms. Gauri Kashyap (Vice Head Girl)* presented a report on One week Skills enriching workshop.

Students highly appreciated the Abhyudaya 23.





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Estd. 1972

Sunbeam Women's College Varuna

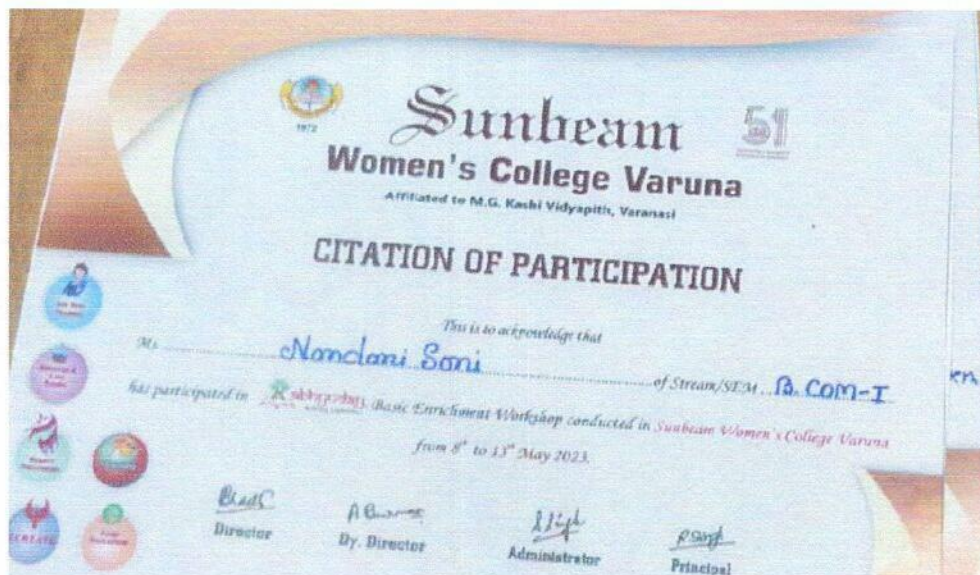
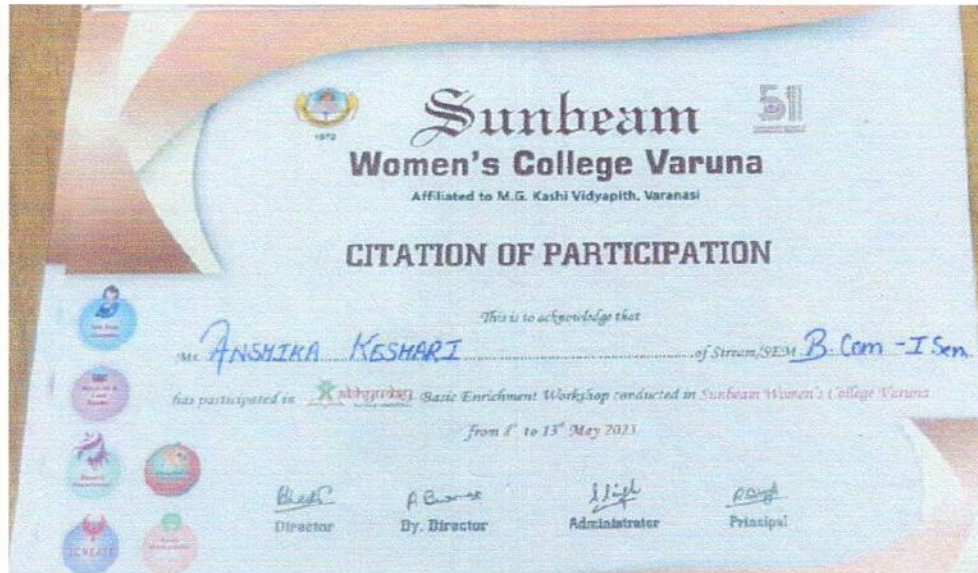
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Samples of Certificates of students

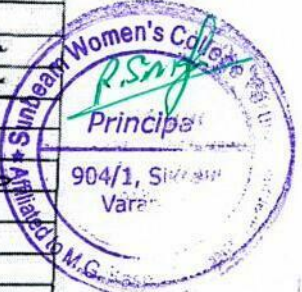


Attendance Sheet

Sr. No.	Student's Name	Stream	Signature
1.	Nishi Chaurasia	B.A. (I Sem)	Nishi
2.	Surbhi Sahay Yadav	B.A. (II Sem)	Surbhi
3.	Palak Mondal	B.A. (I Sem)	Palak
4.	Divya Pandey	B.A. (II Sem)	Zoyford
5.	Anshu Yadav	B.Sc. IV Sem	Anshu
6.	Abhushka Pandey	B.Sc. IV Sem	Abhushka
7.	Sejal Singh	B.Com IV Sem	Sejal Singh
8.	Ashika	B.Com IV Sem	Ashika
9.	Fizza Zahra	B.Com II Sem	Fizza
10.	Aparna Dubey	B.Com II Sem	Aparna
11.	Paarvati Pandey	B.A. II Sem	Paarvati
12.	Sanyukta Sikariy	B.Com II Sem	Sanyukta
13.	Madan Khan	B.Com II Sem	Madan
14.	AWANTIKA SINGH	B.Com II Sem	Awantika
15.	Shreya Raj	B.Com II Sem	Shreya Raj
16.	Catherine Sheeba	B.A. IV Sem	Catherine Sheeba
17.	Zakirni Rukani	BA IV Sem	Zakirni
18.	Shikha Srivastava	BBA IV Sem	Shikha
19.	Manhi Srivastava	BBA IV Sem	Manhi
20.	Harekanta Keshri	BBA IV Sem	Harekanta
21.	Mahak Karandhan	BA (II Sem)	Mahak
22.	Saba Jareen	B.Com (IV Sem)	Saba
23.	Apoorva Singh	BBA (IV Sem)	Apoorva
24.	Simranjyoti Jaiswal	BA (II Sem)	Simranjyoti
25.	Shubra Karwasawa	B.Com (II Sem)	Shubra
26.	Riya Singh	B.Com (II Sem)	Riya
27.	Sakshi Singh	B.Com (II Sem)	Sakshi
28.	Vedanshi Singh	BBA IV Sem	Vedanshi
29.	Kirti Kishore	BBA IV Sem	Kirti
30.	Shreya Mathur	BA IV Sem	Shreya
31.	Anushka Gupta	BA IV Sem	Anushka
32.	Nikita Singh	BA IV Sem	Nikita Singh
33.	Muskan Verma	BA II Sem	Muskan
34.	M. Divya	BA II Sem	M. Divya
35.	Manisha Bhatnagar	BA II Sem	Manisha
36.	Akanksha Singh	BA II Sem	Akanksha
37.	Susmita Pandey	BA IV Sem	Susmita
38.	Yashika	BBA IV Sem	Yashika
39.	Ayat Latique	BBA IV Sem	Ayat Latique
40.	Aditya Pandey	BBA IV Sem	Aditya
41.	Ayesha Ansari	BBA II Sem	Ayesha
42.	Ashwika Singh	BBA II Sem	Ashwika
43.	Khushi Mishra	B.Com IV Sem	Khushi
44.	Jasni Kashyap	B.Com IV Sem	Jasni
45.	Ashwika Singh	BBA II Sem	Ashwika
46.	Divyanshi Gupta	B.B.A. II Sem	Divyanshi
47.	Sachiya Siddiqua	B.B.A. II Sem	Sachiya
48.	Anam Khan	B.B.A. II Sem	Anam
49.	Asya Meshra	B.Com II Sem	Asya
50.	Yashika Nakota	B.Com IV Sem	Yashika
51.	Ritika Jaiswal	BBA IV Sem	Ritika
52.	Madika Rathi	BBA IV Sem	Madika



53.	Himanshi Guneccha	BBA 3 rd yr	Himanshi
54.	Ragun Singh	BBA - 3 rd yr	Ragun Singh
55.	Vaishnavi Singh	BBA - 1 st year	Singh
56.	Najma Boddus	BBA 3 rd year	Najma
57.	Navya Rai	B.com 2 nd year	Navya Rai
58.	Priya Singh	B.com 2 nd year	Priya Singh
59.	Shikha Mishra	B.com 2 nd year	Shikha
60.	Asha Gupta	B.com 2 nd year	Asha Gupta
61.	Aadya Raghuvanshi	B.com 2 nd year	Aadya
62.	Shree Singh	B.com 2 nd year	Shree
63.	Medhavi Singh	B.com 2 nd year	Medhavi
64.	Taishika Jaiswal	B.com 1 st year	Taishika
65.	Hanshita Dubey	B.com 1 st year	Hanshita
66.	Ranjana Yadav	B.com 1 st year	Ranjana
67.	Zara Nayak	BBA 2 nd year	Zara
68.	Vijaylaxmi Singh	BBA 2 nd year	Vijaylaxmi
69.	Shwani Kulkarni	B.com. 2 nd yr	Shwani
70.	Parthiv Sharma	B.Sc 2 nd yr	Parthiv
71.	Maira Khan	BA 1 st year	Maira Khan
72.	Aarisha Anand	B.com 2 nd Sem	Aarisha
73.	Shruti Agrawal	B.com 2 nd sem	Shruti
74.	Nehika Lalija	B.com 2 nd sem	Nehika
75.	Aarushi Seth	B.com 2 nd sem	Aarushi
76.	Amisha Singh	B.com 2 nd sem	Amisha
77.	Prachi Singh	B.com IV Sem	Prachi
78.	Hadika Khan	B.com IV Sem	Hadika Khan
79.	Rashi Yadav	B.com IV Sem	Rashi
80.	Vaishnavi Singh	B.com IV Sem	Vaishnavi
81.	Mohana Anand	B.com IV sem	Mohana
82.	Priya Yadav	B.com IV Sem	Priya
83.	Kajal Dubey	B.com IV sem	Kajal
84.	Prachi Singh	B.com IV sem	Prachi
85.	Arushi	B.com IV sem	Arushi
86.	Shreya Srivastava	B.com IV sem	Shreya
87.	Shruti Singh	B.com IV sem	Shruti
88.	Anusha Jaiswal	B.com IV sem	Anusha
89.	Smriti Anand	B.com IV sem	Smriti
90.	Nidhi Singh	B.com IV sem	Nidhi
91.	Pratibha Singh	B.com IV sem	Pratibha
92.	Akhita Kulkarni	B.com IV sem	Akhita
93.	Riya Anand	B.com IV sem	Riya
94.	Medhavi Singh	B.com IV sem	Medhavi
95.	Saurav Yadav	B.com IV sem	Saurav
96.	Nandani Singh	B.com IV sem	Nandani
97.	Sanjana Singh	B.com IV sem	Sanjana
98.	Jyoti Mishra	B.com IV sem	Jyoti
99.	Aleha Singh	B.com IV sem	Aleha
100.	Ishita Bhanuwal	B.com IV sem	Ishita
101.	Arushi Pandey	B.com IV sem	Arushi
102.	Shreya Shukla	B.com IV sem	Shreya
103.	Varshika Shukla	B.com IV sem	Varshika
104.	Arushi Singh	B.com IV sem	Arushi
105.	Arushi Singh	B.com IV sem	Arushi
106.	Arushi Singh	B.com IV sem	Arushi
107.	Nikita Pandey	B.Sc	Nikita
108.	Sanya Singh	B.Sc 904/1, Sitabdi	Sanya
109.	Tanya Mishra	B.Sc 904/1, Sitabdi	Tanya
110.	Prachi Singh	B.Sc 904/1, Sitabdi	Prachi
111.	Himanshi Srivastava	B.Sc 904/1, Sitabdi	Himanshi
112.	Ayushi Singh	B.Sc 904/1, Sitabdi	Ayushi
113.	Priyanka Singh	B.A	Priyanka
114.	Rashmi Pandey	B.A	Rashmi
115.	Anushka	B.com	Anushka





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116	Shruti Yadav	B.A 2nd sem	Shruti
117	Nafisha Ansari	B.Sc II Sem	Nafisha
118	Tarunya Jaiswal	B.Sc II Sem	Tarunya
119	Ahira Singh	B.Sc II Sem	Ahira Singh
120	Apurvi Singh	BBA II Sem	Apurvi
121	Tahira Jaiswal	BBA II Sem	Tahira
122	Vaishnavi Rai	BBA-II Sem	Vaishnavi
123	Ashwini Singh	BA-2nd Sem	Ashwini
124	Khushi Singh	B.A 1st sem	Khushi Singh
125	Prachi Singh	B.com IV Sem	Prachi
126	Anamika Singh Jaiswal	B.com IV Sem	Anamika
127	Ashanka Jaiswal	B.com IV Sem	Ashanka
128	Arushi Singh	BBA II Sem	Arushi
129	Jyoti Singh	B.I Sem	Jyoti Singh
130	Arushi Singh	B.Sc II Sem	Arushi
131	Prachi Singh	BBA II Sem	Prachi
132	Shikha Singh	BBA II Sem	Shikha
133	Ashanka Singh	BA II Sem	Ashanka
134	Vidushi Singh	BA-II Sem	Vidushi
135	Jyoti Singh	BBA-II Sem	Jyoti
136	Nishi Singh	BBA-II Sem	Nishi
137	Aditi Singh	BBA-II Sem	Aditi
138	Shikha Singh	BBA-II Sem	Shikha
139	Arushi Singh	B.com II Sem	Arushi
140	Swati Singh	B.com-IV Sem	Swati Singh
141	Arushi Singh	B.com-III Sem	Arushi Singh
142	Shikha Singh	B.com-III Sem	Shikha
143	Arushi Singh	"	Arushi
144	Arushi Singh	"	Arushi
145	Arushi Singh	"	Arushi
146	Arushi Singh	"	Arushi
147	Arushi Singh	BBA-IV Sem	Arushi
148	Arushi Singh	B.A II Sem	Arushi
149	Arushi Singh	B.Sc II Sem	Arushi
150	Arushi Singh	BA II Sem	Arushi
151	Arushi Singh	B.A 2nd Sem	Arushi
152	Arushi Singh	B.A 2nd Sem	Arushi
153	Arushi Singh	B.A 2nd Sem	Arushi
154	Arushi Singh	B.A 2nd Sem	Arushi
155	Arushi Singh	BBA Sem IV	Arushi
156	Arushi Singh	BBA Sem IV	Arushi
157	Arushi Singh	BBA Sem IV	Arushi
158	Arushi Singh	BBA Sem IV	Arushi
159	Arushi Singh	BBA Sem IV	Arushi
160	Arushi Singh	BBA Sem IV	Arushi
161	Arushi Singh	BBA Sem IV	Arushi
162	Arushi Singh	BBA Sem IV	Arushi
163	Arushi Singh	BBA Sem IV	Arushi
164	Arushi Singh	BBA Sem IV	Arushi
165	Arushi Singh	BBA Sem IV	Arushi
166	Arushi Singh	BBA Sem IV	Arushi



FEEDBACK FORM of ABHYUDAYA 2023

Student Name: *Sushmita Srivastava*

Course: *BA sem II*

Stream: *BA II*

Date: *15-05-2023*

Please rate the One Week Workshop on scale of 1 to 5

1 STRONGLY DISAGREE

2 DISAGREE

3 NEUTRAL

4 AGREE

5 STRONGLY AGREE

S.No	PARAMETERS	1	2	3	4	5
1	The Content of the workshop was relevant as per your needs.				✓	
2	The depth of the content provided during the workshop was good.				✓	
3	The workshop was structured in a way that facilitated learning and skill development.					✓
INSTRUCTOR EVALUATION						
4	The Instructor(s) was knowledgeable on the subject matter.					✓
5	The Instructor(s) was effective in delivering the content.				✓	
6	The instructor's ability to engage you and stimulate interest was good.				✓	
LEARNING EXPERIENCE						
7	There was enough interaction between you and the instructor(s).			✓		
8	Rate your level of learning from this workshop.				✓	
9	Rate your confidence level in applying the skills learned during the workshop.				✓	
LOGISTICS						
10	Rate the venue and facilities provided for the workshop.					✓
11	The workshop schedule was well-organized and convenient?				✓	
OVERALL ASSESSMENT						
12	Rate your overall level of satisfaction with this workshop.					✓
13	Would you recommend this workshop to your junior?					✓

14. What did you like the most about the workshop?

It was well organized & well instructed with expert instructor

15. What did you like the least about the workshop?

Pickle making workshop should have been more practical

16. What topics or skills would you like to see in future workshops?

Zoomba dance,

17. Any other suggestion

Time duration



FEEDBACK FORM of ABHYUDAYA 2023

Student Name: *Parthavi Sharma*

Course: *B.Sc. (BZC)*

Stream: *B.Sc. II SEM*

Date: *15/05/2023*

Please rate the One Week Workshop on scale of 1 to 5

1 STRONGLY DISAGREE

2 DISAGREE

3 NEUTRAL

4 AGREE

5 STRONGLY AGREE

S.No	PARAMETERS	1	2	3	4	5
1	The Content of the workshop was relevant as per your needs.				✓	
2	The depth of the content provided during the workshop was good.					✓
3	The workshop was structured in a way that facilitated learning and skill development.			✓		
INSTRUCTOR EVALUATION						
4	The Instructor(s) was knowledgeable on the subject matter.				✓	
5	The Instructor(s) was effective in delivering the content.					✓
6	The instructor's ability to engage you and stimulate interest was good.				✓	
LEARNING EXPERIENCE						
7	There was enough interaction between you and the instructor(s).				✓	
8	Rate your level of learning from this workshop.				✓	
9	Rate your confidence level in applying the skills learned during the workshop.			✓		
LOGISTICS						
10	Rate the venue and facilities provided for the workshop.				✓	
11	The workshop schedule was well-organized and convenient?				✓	
OVERALL ASSESSMENT						
12	Rate your overall level of satisfaction with this workshop.				✓	
13	Would you recommend this workshop to your junior?					✓

14. What did you like the most about the workshop?

The workshop was informative & full of knowledge.

15. What did you like the least about the workshop?

The Lakme Saloon workshop should have been at least of 3 hrs.

16. What topics or skills would you like to see in future workshops?

Few more hand-on training can be added.

17. Any other suggestion

NIL



FEEDBACK FORM of ABHYUDAYA 2023

Student Name: Harshita Keshari

Course: BBA BBA

Stream: BBA - IIIrd sem

Date: 15th May 2023

Please rate the One Week Workshop on scale of 1 to 5

1 STRONGLY DISAGREE 2 DISAGREE 3 NEUTRAL 4 AGREE 5 STRONGLY AGREE

S.No	PARAMETERS	1	2	3	4	5
1	The Content of the workshop was relevant as per your needs.				✓	
2	The depth of the content provided during the workshop was good.					✓
3	The workshop was structured in a way that facilitated learning and skill development.					✓
INSTRUCTOR EVALUATION						
4	The Instructor(s) was knowledgeable on the subject matter.					✓
5	The Instructor(s) was effective in delivering the content.					✓
6	The instructor's ability to engage you and stimulate interest was good.					✓
LEARNING EXPERIENCE						
7	There was enough interaction between you and the instructor(s).				✓	
8	Rate your level of learning from this workshop.					✓
9	Rate your confidence level in applying the skills learned during the workshop.					✓
LOGISTICS						
10	Rate the venue and facilities provided for the workshop.				✓	
11	The workshop schedule was well-organized and convenient?				✓	
OVERALL ASSESSMENT						
12	Rate your overall level of satisfaction with this workshop.					✓
13	Would you recommend this workshop to your junior?					✓

14. What did you like the most about the workshop?

I like the most cake making workshop.

15. What did you like the least about the workshop?

I think skill development session could be more focused according to our curriculum.

16. What topics or skills would you like to see in future workshops?

I would like to add workshop on professional styling and professional attache.

17. Any other suggestion



These should be the workshop on the principal. These should be the workshop on the principal. These should be the workshop on the principal.

FEEDBACK FORM of ABHYUDAYA 2023

Student Name: Sejal Singh

Course: _____ Stream: B.Com. III sem

Date: 15/05/2023

Please rate the One Week Workshop on scale of 1 to 5

1 STRONGLY DISAGREE 2 DISAGREE 3 NEUTRAL 4 AGREE 5 STRONGLY AGREE

S.No	PARAMETERS	1	2	3	4	5
1	The Content of the workshop was relevant as per your needs.				✓	
2	The depth of the content provided during the workshop was good.				✓	
3	The workshop was structured in a way that facilitated learning and skill development.					✓
INSTRUCTOR EVALUATION						
4	The Instructor(s) was knowledgeable on the subject matter.				✓	
5	The Instructor(s) was effective in delivering the content.				✓	
6	The instructor's ability to engage you and stimulate interest was good.				✓	
LEARNING EXPERIENCE						
7	There was enough interaction between you and the instructor(s).					✓
8	Rate your level of learning from this workshop.					✓
9	Rate your confidence level in applying the skills learned during the workshop.				✓	
LOGISTICS						
10	Rate the venue and facilities provided for the workshop.					✓
11	The workshop schedule was well-organized and convenient?					✓
OVERALL ASSESSMENT						
12	Rate your overall level of satisfaction with this workshop.					✓
13	Would you recommend this workshop to your junior?					✓

14. What did you like the most about the workshop? The session of cakes and mocktails was very interesting.

15. What did you like the least about the workshop? the session on pickle making

16. What topics or skills would you like to see in future workshops? Best out of waste & craft making

17. Any other suggestions? The workshop was well organized

